Social & Emotional Learning for The Real World

With a network of 20,000+ schools, EVERFI delivers digital resources that help teachers equip students with critical skills. Thanks to hundreds of partners who share our mission, we deliver these critical skills to K-12 schools and students **free of charge.**

SEL Education Resources

In order to effectively teach the whole child, we must understand that learning is also a social and emotional experience. Social emotional learning (SEL) helps prepare students for life success beyond the results of immediate academic assessments. However, when SEL skills are tacked on as an addition to existing curricula, educators may struggle to find the classroom time to dedicate to them. EVERFI's resources are intentionally designed to help integrate critical skills such as SEL into classrooms by leveraging standards alignment and curriculum fit.

In addition to interactive digital resources aligned to state standards, educators also receive:



Real time reporting to see your students' baseline knowledge and growth



Offline lesson plans and discussion questions

Access to EVERFI's ever-growing library of digital curriculum



Student scholarship opportunities



Learn more at **everfi.com/register**



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Say Something Digital

The Compassion Project

Grade Level: 2-4 Total Lessons: 15 (20 minutes each) Total Time: 3-4 hours

Topics Covered:

- O Definining Empathy & Compassion
- O Practing Mindfulness & Growth Mindset
- O Identifying Emotions
- O Performing Acts of Kindess

Honor Code

Grade Level: 8-10 Total Lessons: 6 (7-10 minutes each) Total Time: 1 hour

Topics Covered:

- O Defining Bullying & Its Causes
- O Building Resiliency & Community
- O Bystander Intervention Techniques

Say Something Digital

Grade Level: 9-12 Total Lessons: 5 (5minutes each) Total Time: 30 minutes

Topics Covered:

- O Defining School Violence & Self Harm
- O Recognizing Warning Signs
- O Initiating Conversations with Adults & Peers

Character Playbook

Grade Level: 7-9 Total Lessons: 6 (20-30 minutes each) Total Time: 2-3 hours

Topics Covered:

- O Analyzing Influences
- O Understanding & Managing Emotions
- O Resolving Conflicts
- O Communicating Effectively

Mental Wellness Basics

Grade Level: 8-10 Total Lessons: 4 (10 minutes each) Total Time: 30 minutes

Topics Covered:

- O Defining Mental Health
- O Risk & Preventative Factors for Mental Health
- O Coping with Stress
- O Seeking Help & Supporting Others

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EVERFI is the leading education technology company that provides learners of all ages education for the real world, through innovative and scalable digital learning.

EVERFI

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